

The Lakou in Haiti reflects a way of life. It is a way of living and being that unites individuals in community and establishes values and principles.

Boukman Eksperyans recent release, "Here and Now", reminds us what is essential to know our origins and who we are. This song, drum, and dance workshop, "Initiation of Lakou", teaches this essence.

This workshop shares the roots of Haitian culture and spirituality through dance, drum, and song. Each class will include a brief presentation on the origins and deeper spiritual meaning of the rhythms.

ESSENCE: HERE & NOW

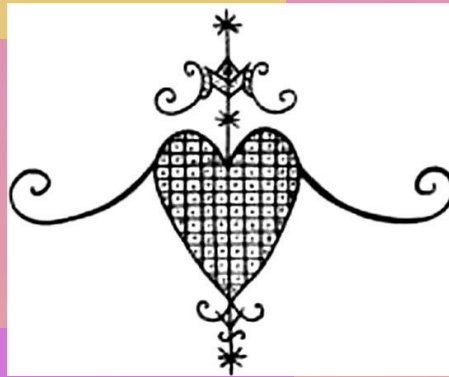
Workshop:
Initiation of Lakou

LOCATION: The Railyard
Performance Center
<https://www.railyardperformancecenter.com/>

COST: Complete Workshop - \$110
One Day Only - \$60
Individual Classes - \$20/per class

INFORMATION: Amber Gray;
amber@ecentral.com,
505-603-7021

REGISTRATION: 505-795-9185,
gentfamily@gmail.com



The rhythms we will
explore are:

Yanvalou (Water)
Ibo (Liberty)
Nago (The Warrior)
Rara (Street Dancing)

SCHEDULE OF CLASSES:

Saturday, May 11, 2019

Dance with Laura • 11:30am-1:00pm
Song with Manze • 1:30-2:30pm
Drum with Bwagri • 3:00-4:30pm

Sunday, May 12, 2019

Drum with Bwagri • 12:30-2:00pm
Song with Manze • 2:30-3:30pm
Dance with Laura • 4:00-5:30pm

All classes are open to
children and adults.
Please wear
comfortable clothing for
movement. Red is
suggested for Nago and
Ibo, white for Yanvalou.
Bring a long skirt for
Yanvalou. Bring your
own instrument, drum,
maraca, ti fè, graj,
bamboo, etc.

