

AMBER GRAY
ROOTS, RHYTHM, RECIPROCITY:
POLYVAGAL-INFORMED
DMT FOR TRAUMA

Register at:

<https://www.eventbrite.com/e/roots-rhythm-reciprocity-polyvagal-informed-dmt-for-trauma-tickets-168046679141>

What can I expect to learn?

1. Participants will be able to describe the core theoretical principles of Polyvagal-informed DMT.
2. Participants will be able to describe the pathways of engagement and reciprocal alliance.
3. Participants will be able to apply at least 5 Polyvagal-informed DMT practices for self-compassion and for client stabilization.

Schedule

Format will combine discussion and experiential

10:15 am – 10:30 am	Attendance,, housekeeping
10:30 am – 1:30 pm	Morning session
1:30 pm – 2:45 pm	Lunch break on your own
2:45 pm – 5:45 pm	Afternoon session
5:45 pm – 6:00 pm	Evaluations

Saturday, October 9, 2021

Virtual “doors open” at 10:15 AM

Workshop runs from 10:30 AM – 6:00 PM with 75min lunch break

\$150 for 6 Contact Hours of NBCC Credits

\$125 for Carolina Chapter members / \$75 for students

Refunds given up to Thursday, October 7, 2021



ADTA[®]

American Dance Therapy Association

Healing through Movement

Carolina Chapter of the ADTA

