

# Walking Together: An Introduction to Clinical Work with Refugees and Survivors of Torture, Part 1 & 2

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*Presented by Amber Gray, LPCC, MPH, MA, BC-DMT*

## Dates, Times, and Locations

April 21, 2017                      9:00 am to 4:30 pm                      Albuquerque, NM

April 28, 2017                      9:00 am to 4:30 pm                      Albuquerque, NM

## Objectives

By the end of this training, participants will be able to:

1. Participants will have an overview and framework with which to better understand the complex issues arising in clinical work with refugees and survivors of torture.
2. Participants will understand self-care as an ethical requirement of work with refugees and survivors.
3. Participants will understand the benefits and risks of empathy in psychotherapy with refugees and survivors of torture.
4. Participants will learn one compassion-based, self-care skill.
5. Participants will be introduced to the unique community, social, and health/mental health issues that can exist within a community of people displaced by extreme hardship, war, organized violence, and human rights abuses.
6. Participants will have increased skills to assess refugees presenting with mental health, social, functional, and adjustment issues.

## Target Audience

Counselors, Psychologists, Social Workers

## Registration

The **deadline for registration is Tuesday, April 18, 2017**. Please direct registration forms or questions to Karen Gonzales. Karen may be reached by email at [Karen.Gonzales@state.nm.us](mailto:Karen.Gonzales@state.nm.us) or telephone at 505-476-3076. There is no cost for the training and CE credits in social work, counseling, and psychology will be provided for attending. Details on how to claim CEs will be provided during the presentation.

## About the Presenter



Amber Elizabeth Gray is an internationally recognized expert in refugee mental health and torture treatment. She provides training and consultation nationally and internationally on clinical treatment and program development for survivors of trauma secondary to torture, war, combat, trafficking, organized violence and natural disaster. She has almost thirty years of experience in human service work with displaced people, refugees, and survivors of human rights abuses and 18 years clinical experience with refugees and asylum seekers. Amber is published and a frequent speaker on many of the subjects she trains on. She established New Mexico's Refugee Mental Health program, the first of its kind in the U.S., in 2007; and coordinated the program for 7 years. Currently a Clinical Advisor for The Center for Victims of Torture, she is past President of the Board of Directors for TASSC International, and Director of Restorative Resources Training and Consulting. She trains health and mental health professionals and paraprofessionals on such topics as working with traumatized children; models for the cross-cultural application of psychotherapy; somatic and creative approaches to trauma therapy that integrate local, individual and community resources and traditions; clinical issues in work with survivors of combat, war and political violence; and staff care. She is the 2010 recipient of The American Dance Therapy Association's "Outstanding Achievement Award."

## Disclosure Statement

The presenter has no financial relationship to this program.

