

LOVES BRAIN

Continuum Movement and Embodied Intelligence



The human brain is complex, plastic and full of mystery. Our three brains -- Gut, heart, and the brain itself -- are subject of many emergent theories about human intelligence. This dive series is an embodied exploration of the heart of intelligence through sound and movement based practices. Theory and information from the fields of interpersonal neurobiology, neuroplasticity, and polyvagal theory accompany movement explorations of the relationship between our three brains, wisdom, and love.

WHERE: MOVE STUDIO, 901 San Mateo, Santa Fe, NM
WHEN: TUESDAYS MARCH 28, April 25 & May 23, 2017
6-9 PM
COST: \$35.00



Amber is an authorized Continuum Movement Teacher and award winning dance movement therapist. She uses Continuum as a primary restorative practice in her work, and for resilience after injury, illness and chronic stress. Her teaching often combines Continuum with dance movement therapy, somatic psychology, current trauma and neuropsychological research, movement therapy, ritual, and creative arts.

For Information & Registration:
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